

2018 Atlantic States Open Weightlifting Championships

- Date:** **2 DAY / 2 PLATFORM MEET**
February 17th & 18th 2018
CROSSFIT IRON SPIDER
90 Leavitt St, Salem MA
01970
- Sanction:** USA Weightlifting, Inc. & The New England LWC
- Divisions:** Junior (Boys & Girls 19 & under)
Senior (Men & Women)
Masters (Men & Women 35 & up)
- Lifts Being Contested:** 2 Hands Snatch & 2 Hands Clean and Jerk
- Eligibility:** All athletes must be registered with the USA Weightlifting, Inc.
(Athletes may register at contest)
- Time (tentative):**
Lifting starts at: **10:30 a.m. for lighter classes BOTH DAYS**
Lifting starts at: **2:00 p.m. for heavier classes BOTH DAYS**
2ND SESSION START TIMES WILL change depending on number of entries.
Final schedule for weight classes and times TO BE ANNOUNCED on February 10th.
- Weigh In (tentative):** Lighter Classes M&W **8:30am - 9:30am BOTH DAYS**
Heavier Classes M&W **12:00pm - 1:pm BOTH DAYS**
2ND SESSION WEIGH-IN TIMES WILL change depending on number of entries. Final schedule for weight classes and times TO BE ANNOUNCED February 10th.
- Awards:** T-shirts to lifters who register before **2/1/2018**
Men, Women, Masters (**See note**), & Juniors
Trophies for 1st, 2nd, 3rd for each weight class, outstanding lifter trophies (Sinclair formula), For each division on each day, 1st, 2nd, 3rd place team plaques
International scoring applies.

****Masters Division**** Trophies for 1st, 2nd, 3rd in each weight class but placement will be determined by **Sinclair / Malone-Meltzer Formula total.**
- Entry Fee:**
- | | |
|---|----------------|
| Senior (Men, women, boys, and girls) | \$75.00 |
| Juniors (19 years & under) | \$65.00 |
| 2 Divisions (Junior/Open or Master/ Open) | \$95.00 |
- Late Entries (Will not receive T-shirts)** **\$100.00** After 2/1/2018
\$125.00 Day of the Meet
- Entry Deadline:** Entries must be postmarked by February 1st, 2018
- Mail Entry and Make Check Payable To:** North Shore Weightlifters Club
50 Folly Pond Rd Apt 34
Beverly, MA 01915

Visit us on Facebook for more information!!

www.facebook.com/northshoreweightlifting

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ENTRY FORM

Mail this form to: North Shore Weightlifters Club
50 Folly Pond Rd Apt 34
Beverly, MA 01915

Please enter me in the 2018 Atlantic States Open Weightlifting Championships

_____ Junior (M) (W) _____ Master (M) (W) _____ Open Women _____ Open Men Division(s)

On February 17th / 18th, 2018 for which I enclose my entry fee of

_____ \$75.00 _____ \$65.00 (Junior ONLY) _____ \$95 (2 Divisions - Junior/Open or Master/Open)

Shirt Size _____

Please Print Legibly

In consideration of your accepting this entry, I hereby for myself, executors and administrators, waive and release any and all rights and claims for damages I may have against the sponsor of this contest, meet director, City of Salem, Crossfit Iron Spider, North Shore Weightlifters Club, USA Weightlifting, or its respective agents, the New England LWC, or any official connected with this contest, for any and all injuries which may be suffered by me in connection with my competition in this contest:

Name _____ USA Weightlifting # _____

Address _____
Street _____ City _____ State _____ Zip _____

Phone # () _____ Club _____ E- Mail _____

Date of Birth _____ Weight Class _____ Shirt Size _____

Signature _____
(Parent must sign if under 18 years old)

Entry Deadline: February 1st, 2018

**Late Entries (Will not receive T-shirts) \$100.00 AFTER February
1st, 2018
\$125.00 Day of the meet**

Visit us on Facebook for more information!! www.facebook.com/northshoreweightlifting