

2018 Essex Middle School Junior and Youth Meet

- SANCTIONED BY:** New England Association of USA Weightlifting
- SPONSORED BY:** TEAM VERMONT Weightlifting Club
- DATE & PLACE:** Saturday January 13, 2018
at Essex Middle School.
60 Founders Road, Essex Jct., VT. 05452
- TIMES:** Weigh-ins: Sat. Jan. 13, 8:00AM
- ENTRY FEE:** \$20 Junior (15-20) and \$15 Youth (14 and under)
Group
Entry Deadline – Postmarked Jan. 4
- Entry payment** **Make checks out to Chris Polakowski**
- MEMBERSHIP** **USAW Member Cards must be shown the day of the event.**
- AWARDS:** 1st, 2nd, and 3rd places in both Youth and, Junior
Best Lifter Awards each division, each gender.
- DIRECTIONS:** **From North:** Take I-89 South to exit 12. Turn left off exit onto Rt. 2A. 7th traffic light (5-way intersection) Bear slightly right onto Rt. 15 East. Stay on Rt. 15. At the 8th traffic light (junction of Rt. 15 and 128) turn right, staying on Rt. 15. Take first right (fork in the road) onto Sandhill Road. Take a right onto road with Essex School Sign. Essex Middle School is the second school you'll see.
- From South:** Take I-89 North to exit 11. At end of exit, take hard right onto Rt. 117. After speed limit changes to 40 mph, take a right onto Sandhill Road. After road flattens out, it forks. Take the left fork (turn left at stop sign) to stay on Sandhill Road. Then take a left onto Road with the Essex School sign on your left, Founders Road. Essex Middle School is the second school you'll see.

Make as many copies of this as you wish.

Please send this completed entry form with entry fee to:

Chris Polakowski
61 Beech Street
Essex Jct., VT 05452-4377
(802)-879-7252
CPolakowski@ewsd.org

By consideration of this entry blank being accepted, I, hereby for myself, heirs, executors, administrators, waive and release any and all rights and claims for damages I may incur against the Essex Town School System, or any organization sponsoring this event. I attest and verify that I have full knowledge of the risk involved in this event.

Signature

Please fill in below and print clearly or type.

Name in full _____ DOB _____

Mailing Address _____

Email _____

Weight Class _____ USAW # _____

Signature: (Parent or Guardian if under 18) _____

Please let me know if you can officiate for any session? Free coffee for those that do.